

# Financial Concerns Checklist

## Do you have any of the following common financial concerns?

- I have trouble paying bills because the bills are confusing to me.
- I don't feel confident making big financial decisions alone.
- I don't understand financial decisions that someone else is making for me.
- I give loans or gifts more than I can afford.
- My children, or others around me, are pressuring me to give them money.
- People are calling me or mailing me asking for money.
- Someone is accessing my accounts. Money seems to be disappearing from my accounts.
- Someone is cashing my pension, insurance or other cheques without permission.
- Someone has forced me to sign over control/power of attorney, sell my house or change my will.

## Where to go for help:

If you checked any of these boxes and are having concerns about your finances, there is help available. Speak to someone you trust, such as your doctor or lawyer, or call the police or RCMP.

For information about making informed financial decisions or avoiding investment scams, contact The Manitoba Securities Commission.

Content provided by the New Brunswick Securities Commission.



[www.mbsecurities.ca](http://www.mbsecurities.ca)

Toll Free 1 (800) 655-5244

Seniors Abuse Support Line 1 (888) 896-7183

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