



CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, APRIL 17TH, 2026



Plant Sale Extended Until Sunday @11:59pm

SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
- *Join the Board*
- *Calender Update*
- *Drop In Opportunities*
- *Donuts with Duncan*
- *Floral Arranging*
- *Plant Sale Extension*
- *Quiz Nite*
- *Ha-Ha-Highlights*

General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.

Join the Board!

Attention All Members

As the Charleswood Senior Centre nears the end of another fiscal year we are planning for the 2026-2027 year ahead. We have two vacancies coming up that need to be filled for the Board of Directors. The targets for new Board members is to fill the roles of Vice President and the Fundraising Chair. These two important roles contribute to the long term success of our Centre. Two year terms are required with mentorship provided. Please consider the future of the Centre and respond with your name. An interview process will follow.

Calendar Updates

With a busy first week of our Spring Session, there have been a few updates to the schedule.

To stay up to date, we recommend checking our website or giving the office a quick call. The calendar posted in the reception area is always kept current, so feel free to take a look when you're in the building. Our online registration system is also regularly updated to reflect any changes.

Thank you for your understanding as we get everything up and running for the season!

Drop In Opportunities

Many of our fitness classes still have space available, making it the perfect opportunity to drop in and give something new a try!

Not ready to commit to a full session? No problem. You can drop into a class for just \$10 and see what it's all about. The office will be happy to help get you set up and answer any questions.

Drop-ins are available to members only.



CHARLESWOOD
Active Living Centre

Donuts with Duncan

TUESDAY, MAY 12TH • 1:00

Join City Councillor
Evan Duncan for an
engaging discussion about
our local community.

Share **thoughts, ask questions**
and be a part of the conversation
that shapes where we live.



**RESERVE YOUR
SPOT NOW!**



CHARLESWOOD
Active Living Centre



Suitable for Beginners

FLOWER ARRANGEMENTS *Workshop*



\$40

ONLY
20
SEATS A
SESSION

Session 1: Friday May 22nd 1:00

(open to new program registrants only)

Session 2: Friday June 5th 1:00

(open to all)

Florists from Charleswood Florists will demonstrate how to craft a gorgeous spring arrangement, offering expert guidance as you design a centrepiece perfect for your dining table or a lovely accent to refresh and brighten any room.

Plant Sale Deadline

Time is has been extended! The deadline to order your plants has been pushed until **Sunday, April 19th** at 11:59!

Get ready to dig in and grow something amazing, secure your plants now and set yourself up for your best garden yet this spring. Plants are selling out.



CHARLESWOOD ACTIVE LIVING CENTRE **PLANT SALE**

[CLICK HERE TO
PURCHASE](#)

1. Select "Fundraising"
2. Select "Fundraising Products"
3. Select the plants you want by selecting "Add to Cart"
4. View your Cart by selecting the shopping bag icon in the top right of the screen
5. Select "Go to Cart Page"
6. Scroll down and under "Step One" select "To Pickup at and Support a Fundraising Group"
7. Select "Charleswood Active Living Centre"
8. Check out and pay
9. Pick up your plants @ the Centre (357 Oakdale) on May 24 (time TBA)
10. Enjoy planting while having supported the Centre:)

CHARLESWOOD ACTIVE
LIVING CENTRE PRESENTS

QUIZ nite

SATURDAY MAY 2ND

7:00 PM

DOORS OPEN 6:30PM

TEST YOUR TRIVIA KNOWLEDGE & HAVE A
BLAST! NO EXPERIENCE REQUIRED.

SNACKS | BEER | WINE

Don't miss out on a night of laughs, friendly
competition, and great company!

Register now! Until April 24

\$25 a ticket teams of 8 (we can
find you a team to join!)

\$20 cash discount

204-897-5263



Around the Community



FREE PERSONAL

SHRED DAY

SATURDAY
APRIL
25
10AM - 2PM

📍 **Kildare Branch**
8-630 Kildare Ave. East

📍 **Portage Ave. Branch**
3161 Portage Ave.

Access Credit Union will match donations up to a maximum of \$5,000!

BRING YOUR PERSONAL DOCUMENTS FOR SHREDDING AND DONATE TO:



Donations over \$20 will receive a tax receipt from the Firefighters Burn Fund Inc.

Around the Community



Interested in a GREAT volunteer opportunity?

The Manitoba 55+ Games are coming up June 9th-11th in Winkler & Morden and we are looking for some volunteers to join the team!

If you'd like to help out and volunteer, please send an email to: info@activeagingmb.ca or call: 204-632-3947 today!

Ha-Ha-Highlights

I'm reading a book on anti-gravity... it's impossible to put down.

Why don't secrets last in a bank? Too many tellers.

Why do bees have sticky hair? Because they use honeycombs.

I made a joke about paper... it was tearable.

I told a joke about clouds... it was overcast.

Why did the student eat his homework? The teacher said it was a piece of cake.

Why did the book join the gym? It wanted to work on its spine.

Why don't circles argue? They always come around.

I named my dog "Five Miles" so I can tell people I walk Five Miles every day.

Why was the equal sign so humble? Because it knew it wasn't less than or greater than anyone else.

Have a great weekend!

Dana Poulton

Program Coordinator