

CENTRE UPDATE – Thursday, May 29

Reminders & Centre Info

SAVE THE DATE: Our **Annual General Meeting** will be on **Wednesday**, **June 18** at 10:30 am. We require a minimum of 65 members to attend to make quorum. **Please sign up online or at the front desk!** *Refreshments will be provided.*

Summer Newsletter Errors: The dates sent out for Yin Yoga were incorrect. Session one will run from Thursday, July 3 - 31; session two from August 7 - 28. These are also the same dates for Mah-jong (which was also listed incorrectly). This has been updated on our website. Thank you for your patience!

Retirement Tea for Kristal: We are having a retirement tea for Kristal Laminman, former Centre Manager, on Wednesday, June 25th from 1:30 – 3 pm at the Centre. All are welcome!

Folklorama: Unfortunately, we did not receive the grant money to subsidize these types of events so we will not be attending Folklorama this summer.

VOLUNTEERS NEEDED

Front Desk – We need volunteers to work two-hour shifts at the front desk on Mondays and Fridays from **June** 9 – 20. We are also looking to fill two-hour shifts in **July and August** on Tuesdays, Wednesdays, and Thursdays. Contact Krista for more information.

Equipment Cleaning – Monday, June 23 – are you available to help clean the equipment in the gym? We are looking for three or four volunteers to assist with this between 9-11 am and 1-3 pm. Contact Krista for more information.

What's Coming Up...

Wednesday, June 11 – **Lunch of the Month** will be meeting at Confusion Corner Drinks & Food at 500 Corydon Ave. at 11:45 am. There is still room to sign up.

Thursday, June 12 at 11 am – **Manitoba Author**, Michael McMullen, will be here to discuss the writing process and experience, the "power" of a single word, and more!

Helpful Hints

Did you know that Charleswood Active Living Centre is a member of MASC, the Manitoba Association of Senior Communities?

MASC has partnered with Vickar Community Chervrolet to provide a **10% discount** on all service maintenance on your vehicle and **15% discount** on repairs for your vehicle at the Vickar Community Chevrolet service department (excluding tire purchases). This

offer may not be combined with any other periodic service offering presented by General Motors or Vickar Community Chevrolet.

On this day in history – May 29

- **1900 -** Trademark "Escalator" registered by Otis Elevator Co.
- **1942** Bing Crosby records Irving Berlin's song "White Christmas", with the John Scott Trotter Orchestra and the Ken Darby Singers, in just 18 minutes; becomes world's best-selling single (estimated 100 million copies sold)
- **1965** American long jumper Ralph Boston sets then world record 27' 4 3/4" (8.35m) at Modesto, California
- **1999** Space Shuttle Discovery completes the first docking with the International Space Station.
- **2023** Canadian hiker Delaney Irving (19) wins perilous Cooper's Hill Cheese-Rolling in Brockworth, Glocestershire, England, despite being knocked unconscious.

Upcoming Giveaway Draw

Tomorrow is the last day you can enter to win **FREE** tickets to the Goldeye's game on Wednesday, June 18 at 6:30 pm against Sioux Falls! **The draw will be on Monday**, **June 2**. One entry per person please.



Thank you to the Winnipeg Goldeye's for gifting us 24 tickets to this game!

Watch the Centre update for the next giveaway draw!



Have a great weekend!

Krista Johnson Billeck Program Coordinator