



Charleswood Active Living Centre

## CENTRE UPDATE – Thursday, June 12

### Reminders & Centre Info

Don't forget to wear purple on Sunday, June 15 to raise awareness for World Elder Abuse Awareness Day!

#### **The Annual General Meeting is less than one week away!**

Please sign up either online or through the office to attend on **Wednesday, June 18** at 10:30 am. This will take 45 – 60 minutes. *Refreshments will be provided.*

**If we do not make quorum, this meeting will have to be scheduled again.**

**Front Desk volunteers** will be assisting us on Mondays and Fridays in June starting this week. They will also be helping us over July and August, Tuesdays through Thursdays. A **HUGE thank you** to the people who have volunteered!

**Cancellation for summer** – Unfortunately, **Canasta** is cancelled for both July and August.



Our very own Len V.R. and Lorraine H. won the bronze medal at the **Manitoba 55+ Games** for Bocce Ball! **Congratulations you two!!**

### ***What's Coming Up...***

**Retirement Tea for Kristal:** We are having a retirement tea for Kristal Laminman, former Centre Manager, on Wednesday, June 25<sup>th</sup> from 1:30 – 3 pm at the Centre. All are welcome!

**Summer class registration will be held on June 24, 25 & 26 at 9:30 am.**

**Registration can be done online or by phone.**

## The More You Know

### What is ALZeducate?

The Alzheimer Society understands that there are many challenges faced by people living with dementia, their care partners, health care providers and others who provide support on a daily basis. Having the right knowledge and skills to live well with dementia or to support those living with dementia will lead to improved quality of life. Even those who just want to know more about what dementia is and what they can do, will help to create more dementia-friendly communities.

ALZeducate is dedicated to providing high-quality, best practice-based online education for all using adult learning principles that support real learning and change.

To learn more, click here: [ALZeducate](#).

### Upcoming Giveaway Draw

We are giving away 40 tickets to the June 25<sup>th</sup> performance of Rock of Ages at Rainbow Stage! Enter your name now by coming into the Centre and filling out a ballot. Deadline to enter is Tuesday, June 17. The draw will take place on Wednesday, June 18 at 9 am. Each name drawn will receive two tickets. One entry per person please. This is for **MEMBERS ONLY**.



**A huge THANK YOU to Rainbow Stage for donating these tickets!**



When does a joke become a dad joke? *When it becomes apparent.*  
It's inappropriate to make a 'dad joke' if you're not a dad. *It's a faux pa.*

Have a great weekend!

Krista Johnson Billeck  
Program Coordinator