CHARLESWOOD ACTIVE LIVING CENTRE

# CENTRE UPDATE

**FRIDAY, NOVEMBER 20TH, 2026**



**SNEAK PEEK OF WHAT'S INSIDE:**


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## General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone, we have adjusted the concentration of the cleaning spray to align with this!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.
- When visiting the Centre please use our designated parking spots marked "Charleswood Active Living Centre".

# Name Tags

Show your CALC spirit and get to know your peers with a personalized name tag! The Centre is selling name tags with a magnetic backing for just $10, this second order is planned to be fulfiled in January, number dependent.

Our first order has come in. Please pick up your name tag at reception. Thank you for supporting the Centre through this fundraiser!

# Wine Bottle Donations

We are looking for donations of wine bottles to help make our upcoming wine raffle a success! Whether it's a bottle of red, white, or something sparkling, every donation is appreciated (no homemade wine). If you have a bottle you'd like to contribute, please drop it off at the Centre. Thank you for helping support our fundraising efforts! Wine raffle tickets are also on sale at the Centre, cash or check only.

# Holiday Lunch

Our Holiday Lunch will be held on December 14th at 11:30 spots are $30 and are on sale now!

Celebrate the season with a delicious lunch out at Taverna Rodos! Enjoy a tasty meal featuring juicy chicken skewers served alongside flavourful lemon potatoes. A vegetarian option will also be available.

Bring a friend, enjoy some great food and good company, and share in a festive afternoon together. We look forward to celebrating with you!

# High Tea

High Tea will be held on December 16th 1:30-3:30 tickets are $40 and are on sale now.

Treat yourself to a delightful afternoon of good company, delicious refreshments and a little elegance! Join us at the centre for a lovely High Tea experience, featuring a selection of tasty sandwiches and refreshing beverages.

Gather your friends, enjoy some conversation and make an afternoon of it. We look forward to seeing you there! There will be a 50/50 at the event and a fascinator contest as well as a holiday dress contest!

# Annual Appeal

Please find here our 2026 Annual Appeal Letter from the Board of Directors. The letter outlines our fundraising goals and how your continued support helps us sustain and increase the programs and services offered at the Centre.

We appreciate your consideration and ongoing commitment to our community.

# Holiday Hamper

This holiday season, Charleswood Active Living Centre will be supporting a family in need through the Charleswood Cheer Hamper initiative. We are collecting donations to help make the holidays a little brighter, with the goal of providing a gift for each family member and everything needed for a special holiday meal.

Our adopted family includes two adults and eight children, and they have shared the following wish list:

- New microwave
- Warm, plush blankets
- Walmart gift cards
- Laundry detergent

Any contribution, big or small, is greatly appreciated and will help make the holiday season a little more special for this family. Donations will be collected at the Centre. Thank you for helping us spread some Christmas cheer!

Meet the kids:

Age 15, female, Clothing Preferences: Women's large clothing. Size 8 in shoes. Interests: Skincare, candles, make up, anything with beauty

Age 13, female, Clothing Preferences: Women's large clothing. Size 9 in shoes. Interests: Skincare, perfume, make up, anything with beauty

Age 10, male, Clothing Preferences: Men's medium, size 8 in shoes. Interests: Drone, head set, controller for PC

Age 9, male, Interests: Bike, Pokémon cards, gift card for Walmart

Age 8, male, Interests: Boxing gloves, crafting supplies, Pokémon cards, skateboard.

Age 5, male, Interests: Cars, trucks, tractors.

Age 3, male, Interests: Action figures, Lego, pennywise

Age 1, female, Interests: Barbie, little tike doll house, books

# Around the Community

## Become a Living Book

We are looking for 2–3 members who would be interested in participating in a special Human Library with a Grade 7–4 ELA class on Wednesday, December 9th, from 10:00–10:30 AM at Charleswood Junior High. Students will have the opportunity to sit down with our volunteer "books," ask questions, hear about their life experiences and stories, and then turn what they learn into a written paragraph.

This is a wonderful opportunity to share your experiences, connect with younger generations, and make a meaningful impact!

Interested in being a book? Let us know!

programs@charleswoodseniorcentre.org or 204-897-5263

## Honouring a Familiar Face

We are pleased to see one of our longtime members, Len Van Roon, recognized in this special CTV News feature highlighting the new memorial banners honouring veterans in our community.

Len was a remarkable member of our community, a Second World War veteran who landed at Juno Beach on D-Day and dedicated much of his life to sharing history and educating future generations. We are proud to have known Len and are grateful for the legacy he leaves behind.

Take a moment to watch the feature and join us in remembering and honouring Len and all those who served.

Watch the news piece here

# Around the Community









# Around the Community




## Canada Revenue Agency (CRA) Clinic

This CRA clinic offers one-on-one help. **Register to reserve a spot. You can register by phone, online or at any Winnipeg Public Library.**

**This clinic helps with the following services only:**

- Applying for benefits (CCB, CGEB, DTC)
- Answering personal tax questions (no trusts, business or farming)
- Updating information (address, direct deposit, contact information)
- Printing letters or Proof of Income Statements (Option C)

**Registration opens 2 weeks prior to event date at 10 a.m.** You can register for one CRA clinic only at a time. On the day of the CRA Clinic, the order of when you are seen will depend on when you check in at the branch. Check in starts 30 minutes prior to the clinic start time, or when the branch opens at 12 p.m.. Limited walk-ins will be taken if time allows, or if spots are not yet filled.

**Bill & Helen Norrie Library** 204-986-4936
Tuesday, November 10: 11 a.m.-3 p.m.
Friday, December 4: 11 a.m.-3 p.m.

**Charleswood Library** 204-986-3072
Tuesday, November 17: 11 a.m.-3 p.m.
Wednesday, December 16: 11 a.m.-3 p.m.

**Henderson Library** 204-986-4314
Wednesday, November 25: 11 a.m.-3 p.m.
Monday, December 7: 11 a.m.-3 p.m.

**Louis Riel Library** 204-986-4573
Thursday, November 12: 11 a.m.-3 p.m.
Thursday, December 3: 11 a.m.-3 p.m.

**Millennium Library** 204-986-6489
Wednesday, November 4: 11 a.m.-3 p.m.
Wednesday, December 2: 11 a.m.-3 p.m.
*Drop-in only. No registration.

**Osborne Library** 204-986-4775
Friday, November 6: 11 a.m.-3 p.m.
Friday, December 11: 11 a.m.-3 p.m.

**Pembina Trails Library** 204-986-4369
Thursday, November 26: 11 a.m.-3 p.m.
Tuesday, December 15: 11 a.m.-3 p.m.

**Sir William Stephenson Library** 204-986-7070
Monday, November 9: 12-4 p.m.

**St. Boniface Library** 204-986-4331
Friday, November 13: 11 a.m.-3 p.m.
Wednesday, December 9: 11 a.m.-3 p.m.

**St. James-Assiniboia Library** 204-986-3424
Wednesday, November 18 : 12-4 p.m.
Friday, December 18: 11 a.m.-3 p.m.

**St. John's Library** 204-986-4689
Thursday, November 5: 12-4 p.m.
Thursday, December 17: 12-4 p.m.

**Transcona Library** 204-986-3950
Monday, November 30: 11 a.m.-3 p.m.
Thursday, December 10: 11 a.m.-3 p.m.

**Windsor Park Library** 204-986-3950
Tuesday, December 1: 11 a.m.-3 p.m.

**Unable to register or have an urgent need? CRA offers services by phone.**

- General Enquiries: 1-800-959-8281 (for general questions)
- Benefits Enquiries: 1-800-387-1193 (for questions related to CGEB and CCB)
- Business Enquiries: 1-800-959-5525 (for questions related to businesses)
- **canada.ca/taxes-help** (to find someone to get your taxes done for free)

Scan to register.

# Sponsors

## Gold Sponsors

LINDEN POINTE
A BRIGHTWATER COMMUNITY

## Silver Sponsors

NORTHWAY PHARMACY CHARLESWOOD

## Bronze Sponsors

The Seniors Moving Company

# Ha Ha Highlights

**What do you call a criminal landing an airplane? Condescending. ✈️😂**

**Why should you never throw grandpa's false teeth at a vehicle? You might denture car. 🦷🚗**

**What did the lunch box say to the refrigerator? Don't hate me because I'm a little cooler. 🥶🧊**

**I can always tell when someone is lying. I can tell when they're standing too. 🤥😂**

**Why did the egg hide? It was a little chicken. 🥚🐔**

**What did the dirt say to the rain? If you keep this up, my name will be mud! 🌧️💩**

**If your house is cold, just stand in the corner. It's always 90 degrees there. 🥶📐**

**I don't recommend entering a wormhole. You might get stuck in the apple. 🪱🍎**

**Why did the egg have a day off? Because it was Fryday. 🍳😎**

**Have you ever heard about the kidnapping at school? It's okay, he woke up. 🏫😴😂**

Have a great weekend!
Dana Poulton
Program Coordinator