CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, OCTOBER 30TH, 2026





SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
- *Shelmerdine Plant Fundraiser*
- *Perogy Sale*
- *Name Tags*
- *Save The Date*
- *Food + Flicks*
- *Fall Fundraising Lunch*
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General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.
- When visiting the Centre please use our designated parking spots marked "Charleswood Active Living Centre".

Shelmerdine Plant Fundraiser

Our winter plant fundraiser is underway! The last date to place an order is November 20, 2026.

Follow the steps below to get your order in. If you don't have an e-mail address, hard copies of the order forms can be filled out at the Centre.

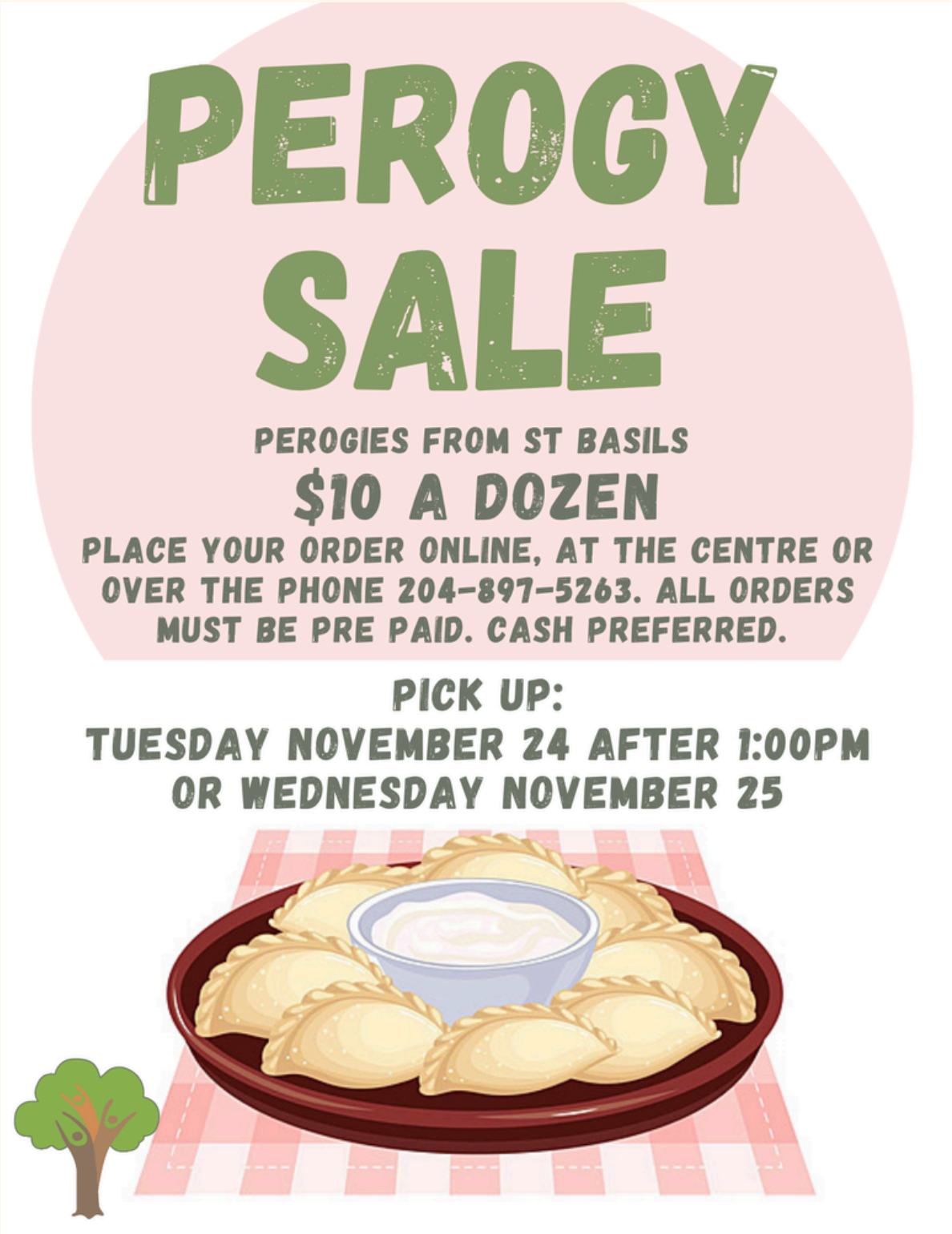


The Vouchers & Gift Cards are in electronic format only. If you ordered either of these, there will be an attachment on your order confirmation e-mail. Nothing will be handed out at the Centre on November 28. Print out the attachment or show the electronic e-mail to Shelmerdine staff when picking up product. The Vouchers will need to be redeemed for product at Shelmerdine between November 23 & December 23, 2026.

Name Tags

Show your CALC spirit and get to know your peers with a personalized name tag! The Centre is selling name tags with a magnetic backing for just $10, this second order is planned to be fulfiled in January, number dependent.

Our first order has come in. Please pick up your name tag at reception. Thank you for supporting the Centre through this fundraiser!



Unclaimed Players Choice Raffle

There are still 2 prizes that have yet to be claimed!
Prize #12: Yellow 207189
Prize #14: Blue 199261
Double check your tickets and come pick up your prize!

Save the Date

Music Trivia is on November 21st, tickets will go on sale on November 2nd.
High Tea will be held on December 16th 1:30-3:30 tickets will go on sale Novemebr 9th.
Our holiday lunch will be December 14th at 11:30 at Taverna Rodos, tickets will go on sale Novemebr 5th.

Food + Flicks

Due to technical difficulties, we were unable to screen The Devil Wears Prada 2 at our last Food + Flicks event. But don't worry, we're bringing it back!
Join us on Monday, November 16th at 2:00 PM as we stream the film for everyone to enjoy.
If you were previously registered for the original showing, you're welcome to attend this rescheduled screening free of charge!
We apologize for the inconvenience and look forward to seeing you for a movie afternoon!

Fall Fundraising Lunch

Registration is now OPEN for our Fall Fundraising Lunch!
Join us on Friday, November 13th at 12:00 PM for a delicious afternoon of good food and great company.
Enjoy a comforting bowl of hamburger soup, served with fresh bread and a sweet dessert to finish, all for just $15 per person!
Be sure to reserve your spot! Register online or give the office a call at 204-897-5263. We look forward to seeing you there!

Around the Community





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A BRIGHTWATER COMMUNITY

Silver Sponsors

NORTHWAY PHARMACY CHARLESWOOD

Bronze Sponsors

The Seniors Moving Company

Ha Ha Highlights

Why did the ghost starch his sheet? 👻 He wanted to scare people stiff! 😱

What kind of horse does a ghost ride? 🐴 A night-mare! 🌙

Why don't mummies take time off? 🧻 They are afraid to unwind! 😱

Why do vampires not want to become investment bankers? 🧛 They hate stakeholders! 🩸

What kind of medicine do witches use on their warts? 🧙 I don't know, but it's not working! 🧪

What's the problem with twin witches? 🧙 You never know which witch is which! 🔮

How do you mend a jack-o'-lantern? 🎃 With a pumpkin patch! 🩹

Why don't zombies like pirates? 🧟 They're too salty! 🏴‍☠️

How do you know if a zombie likes someone? 🧟 They ask for seconds! 🍽️

What happens if you don't pay the exorcist on time? 👻 You get repossessed! 💀

Have a great weekend! I'm glad to be back.
Dana Poulton
Program Coordinator