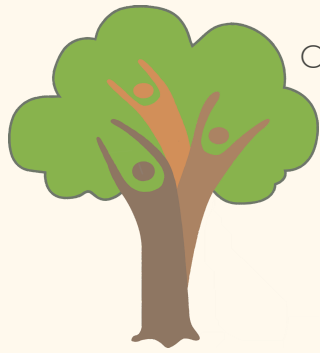




CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, SEPTEMBER 18TH, 2026



SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
- *Name Tags*
- *Party With A Purpose*
- *New Fitness Classes*
- *Around the Community*

General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.

Name Tags

Show your CALC spirit and get to know your peers with a personalized name tag! The Centre is selling name tags with a magnetic backing for just \$10. Place your order at Reception. Name tags are expected to arrive at the end of September.

Thank you for supporting the Centre through this fundraiser!

Party With A Purpose

This is our annual main fundraising event for the year. We are looking for your gift cards, new items and cash donations to resume the legendary baskets for our silent auction. Please bring items to the Centre beginning September 21, 2026. Your donation will be recognized for event advertising. Let's make this year our best ever!

Tickets on sale for the dinner Wednesday September 23, 2026 at 9:30 at the front desk for \$60.00. Bring your friends, neighbours and family for a party with a purpose!

New Fitness Classes

After our first week of programming we have added the following classes.

Friday 11:45-12:45 Barre with Claudia

Friday 1:00-2:00 Sit + Fit with Claudia

Reegistration is open online, in person, or over the phone.

Around the Community

THE SENIORS CHORAL SOCIETY CHOIR
INVITES YOU TO JOIN US

MONDAYS 10 AM TO 12 NOON
4 PART HARMONY UNAUDITIONED
MCCLURE PLACE
533 GREENWOOD PLACE

PHONE OR TEXT
MARJORIE @204-898-5466
FAITH @ 204-470-6773

60TH WINNIPEG SCOUTS

*BLAZING TRAILS AND BURNING MARSHMALLOWS
SINCE 1927*



SEPTEMBER 28, 6:30PM
ROBLIN PARK
COMMUNITY CENTRE




**CAMPFIRE
GATHERING**

LUG-A-MUG

bring a chair


**ALL ARE
WELCOME!**

60thCharleswoodLegionScouts@gmail.com

Looking for **Supports**
for **Older Adults?**

Call **2-1-1**

FREE • CONFIDENTIAL • 24/7

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A B R I G H T W A T E R C O M M U N I T Y

Silver Sponsors



Bronze Sponsors



Ha Ha Highlights

What does a baby computer call his father? Data. 🧒💻😂

My friend was showing me his tool shed and pointed to a ladder. "That's my stepladder," he said. "I never knew my real ladder." 🪜😂

I don't get why Marvel doesn't use the Hulk to advertise more. He's basically one big Banner. ❤️💪😂

Which days are the strongest? Saturday and Sunday. The rest are weekdays. 💪📅😂

Did you know your pupils are the last part to stop working when you die? They dilate. 👁️😂

My wife asked me the other day where I got so much candy. I said, "I always have a few Twix up my sleeve." 🍫😂😂

How do cows stay up to date? They read the Moo-spaper. 🐮📰

Where do pirates get their hooks? Second hand stores. 🏴‍☠️🔪😂

What do you call a line of men waiting to get haircuts? A barberqueue. 🧔✂️😂

My hotel tried to charge me ten dollars extra for air conditioning. That wasn't cool. 🏨❄️😂

Have a great weekend!

Dana Poulton

Program Coordinator