



CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, JUNE 26TH, 2026

REGISTRATION WEEK IS NEXT WEEK!

SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
- *Summer Registration*
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General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.

Summer Registration

Register online at <https://www.charleswoods seniorcentre.org/> or by phone at 204-897-5263. No in-person registration during the WEEK OF June 29, 2026.

Registration opens in the following manner:

- Monday, June 29th at 9:30 a.m. — registration begins for Monday classes and programs and continues until they have filled.
- Tuesday, June 30th at 9:30 a.m. — registration begins for Tuesday classes and programs and continues for Monday classes and programs.
- Tuesday, June 30th at 1:30 p.m. — registration begins for Wednesday classes and programs and continues for Monday and Tuesday classes and programs. (Occuring on the Tuesday due to the Centre being closed July 1 for Canada Day)
- Thursday, July 2th at 9:30 a.m. — registration begins for Thursday classes and programs and continues for Monday, Tuesday and Wednesday classes and programs.

If you have any questions about the registration process, or are unclear how to register, please give us a call at 204-897-5263.

A reminder we are closed July 1st for Canada Day.

Newsletter Updates

There have been some updates to the Summer Newslette. The most updated version will be on the website. All programs will be on recDesk by the end of today, Friday June 26th.

Summer Hours

Summer Hours: Mon-Thurs 9:00am to 4:00pm

Closed: Wednesday, July 1st, and Monday, August 3rd

Around the Community

The Charleswood Seniors Co-ed Slo-pitch is looking for more players to come out on Tuesday afternoons at Marj Edey Field (parking available at Varsity View Sportsplex - 4230 Ridgewood Avenue).

Batting practice starts at 12:30 PM & games will start at 1 PM. Teams are made up at game time. This is recreational slo-pitch with everyone batting per inning, no sliding, no stealing & no registration fees.

Thirsts are quenched at the Charleswood Legion afterwards. Contact Steve at steve_sanderson@shaw.ca for more information.

BUS TOUR 2026

Tuesday, July 28

Departure: 8:30am / Return: 4:30 - 5:00pm

Lunch: Bring your own lunch

Cost: CGC Members \$50 / Non-Members \$60



St Andrew's Rectory National Historic Site



The oldest standing stone church in Western Canada



The Grounds of Kennedy House



Steal Your Art Away

For more information, or to register, email your name & phone number to events@charleswoodgc.ca before Friday, July 3.

Do not send money until your seat has been confirmed

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Ha-Ha-Highlights

What did the football coach say to the broken vending machine? Give me my quarterback. 🏈😂

What did the lettuce say to the celery? Quit stalking me! 🥬😂

What's small and red and has a rough voice? A hoarse radish! 🌶️😂

Did you hear about the guy who invented the knock-knock joke? He won the "no-bell" prize. 🚪🔔😂

What's the best thing about Switzerland? I don't know, but the flag is a big plus. 🇨🇭➕😂

Why do we tell actors to "break a leg"? Because every play has a cast. 🗣️👏😂

Helvetica and Times New Roman walk into a bar. "Get out of here!" shouts the bartender. "We don't serve your type." 📄🍺😂

Hear about the new restaurant called Karma? There's no menu: You get what you deserve. 🍴😂✨

A woman in labor suddenly shouted, "Shouldn't! Wouldn't! Couldn't! Didn't! Can't!" "Don't worry," said the doc. "Those are just contractions." 🤰😂👶

Why can't you explain puns to kleptomaniacs? They always take things literally. 🧑🏻😂👜

Have a great weekend!

Dana Poulton

Program Coordinator