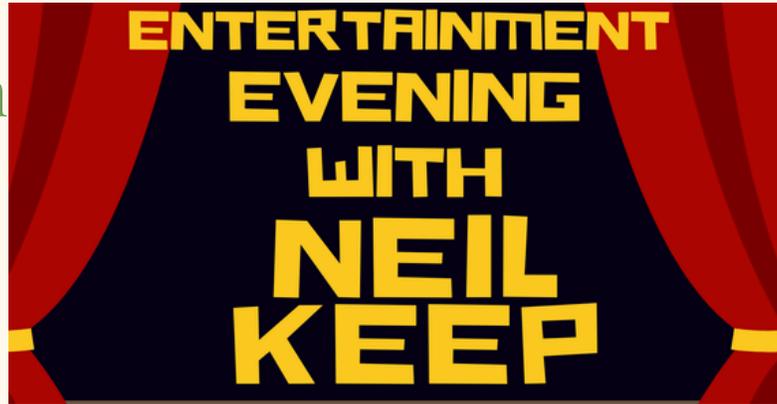


CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, MARCH 13TH, 2026

Registration
closes
Wednesday,
March 18



SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
- *Online 50/50*
- *Entertainment Evening with Neil Keep*
- *Program Suggestions*
- *Plant Sale*
- *Reception Volunteer Opportunities*
- *Box Collection*
- *Around the Community*
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General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.

Online 50/50

Our online 50/50 is now live! Buy your tickets today to support the Centre, and give yourself a shot at taking home half the pot!

LGCA 7911-RF-49516

BUY TICKETS HERE:

<https://charleswoodactiveliving.rafflenexus.com/a/eblasts>

You can also buy tickets in person at the Centre.

Entertainment Evening with Neil Keep

Enjoy a night out with entertainer Neil Keep Saturday March 21st. Neil uses famous songs, character voices, short stories and gentle humour to engage and energize audiences. Though most of his shows are straight-up entertainment, audiences often dance, sing, clap and tap along to the incredible music he brings. A few sing-alongs are usually on tap for those who like to sing along.

Door open: 7:00

Music begins: 7:30

Registration will close Wednesday, March 18.

Program Suggestions

Fill out this questionnaire with any suggestions for upcoming programming!

<https://forms.gle/6veAP5CtkqigYPMD9>

Plant Sale

Our Plant Fundraiser is live, and it's the perfect time to brighten your home or garden while supporting the Centre!

- Order early to help ensure you get your preferred plants, popular items go fast!
- Pick-Up Day: Sunday, May 24, 2026 at Charleswood Active Living Centre (357 Oakdale Drive)
- Pick-up time to be announced
- Support CALC: Please note that CALC only receives fundraising proceeds when you select Charleswood Active Living Centre (CALC) as your pickup location. In-store pickup or local delivery does not support the fundraiser.
- Get started here:

<https://glenleagreenhouses.com/collections/fundraiser-group-selection>

(Be sure to choose Charleswood Active Living Centre (CALC) when ordering!)

Thank you for supporting our programs, every plant makes a difference!

Reception Volunteer Opportunities

We are looking for volunteers to support our Reception Team over the summer!

Likely shift options:

- Morning: 9:00 AM – 12:00 PM (opening)
- Afternoon: 1:00 PM – 4:00 PM (closing)

What this role involves:

- Helping members in person and over the phone
- Using a computer system (training provided)
- Light cash handling
- Being a welcoming first point of contact at the Centre

We'll provide training in April and May, helpful cheat sheets, and support to make sure you feel confident in the role.

Please fill out this form if you are interested:

<https://forms.gle/Yj6ezzpZoxXJaGU8>

Box Collection

One of our members is preparing for a move and is currently looking for boxes. If you happen to have any extra boxes at home, we would greatly appreciate it if you could drop them off at the Centre to help with their move.

Thank you so much for supporting one another in our community!



CASINO ♣ TRIP

APRIL 14TH 2026

COST:
\$40/PERSON

Includes: transportation, \$25 player card, lunch
Departs: 9:00am from the Safeway parking lot 3900 Grant
Travel time: 1h30mins
Depart casino: 3:00pm
54 spots available, open to all. No membership required.
Registration opens: Tuesday, March 10th 9:30am 2026
(in person, online, or call 204-897-5263)
Registration deadline: Tuesday, April 7th, 2026


Sand Hills

CHARLESWOOD ACTIVE LIVING CENTRE PRESENTS

**ENTERTAINMENT
EVENING
WITH
NEIL
KEEP**

SATURDAY, MARCH 21

SHOW STARTS AT 7:30PM

DOORS WILL OPEN AT 7:00PM

@CHARLESWOOD ACTIVE LIVING CENTRE

TICKETS: \$25

\$20 (CASH DISCOUNT)

204-897-5263

Enjoy a lively performance with Neil as he blends well known songs, playful voices, and light humour into an engaging experience. Get ready to find yourself clapping, tapping, and joining in on a few sing alongs.



Around the Community

Sewers, Knitters and Crafters!!

Might you be interested in hearing about Operation Christmas Child and how you might use your talents and skills to make dresses, shorts, shirts etc for children around the world who are suffering from poverty and war? We also make pencil cases, tote bags, scarves, toques and jewelry items. We also collect school supplies for each shoe box.

For further information please call Barbara Shumeley @ 204-801-2566

St. Patrick's Day Open House

March 17 | 10AM - 3PM

RSVP | 431.807.8815

Linden Pointe

Assisted Living & Memory Care
Residence

75 Falcon Ridge Drive. Winnipeg MB

Enjoy refreshments, community
tours, and a chance to meet
our wonderful residents and team.

Good company & a bit of Irish cheer.



A little luck, a lot of fun!

*Enter to WIN a gift card
for a night out!*

LINDENPOINTE
A BRIGHTWATER COMMUNITY



Around the Community

Service
Canada



The security of your benefits rests in your hands

Simple steps to protect your personal information

This leaflet offers tips for protecting your personal information as well as your Old Age Security (OAS), Canada Pension Plan (CPP), Guaranteed Income Supplement (GIS) benefits, as well as the Allowance and the Allowance for the Survivor. It will also help you recognize the risks and how to respond confidently.

What to look out for

Contact Service Canada immediately if you notice any of the following:

- You discover that someone else is receiving or using your benefits.
- Changes have been made to your personal information without your consent (address, marital status, or banking information).
- Someone is forcing you to pay them part or all of your benefits.
- Personal documents look suspicious or altered (proof of residence, power of attorney, etc.).

Recognizing legitimate calls or visits

Sometimes, our employees may call or visit you. If someone claims to represent the Government of Canada and you are unsure about their identity, take a moment to verify their credentials. You can call **1-800-O-Canada (1-800-622-6232 / ATTY: 1-800-926-9105)** to check if their name is on the official employee list.

Keep your personal information up-to-date for added security

To prevent errors or fraud, inform Service Canada promptly of any changes to the following:

- Mailing and residential address
- Banking information
- Marital status (married, common law, widow, separated or single)
- Absence from Canada for more than six months

If you modify your personal information, you must inform all applicable government organizations. It will not be automatically updated across all government organizations.

Service Canada can assist you:

By telephone:

- Old Age Security and Canada Pension Plan: **1-800-277-9914** (TTY: 1-800-255-4786)
- Outreach Support Centre – this service is available to clients who do not have internet access or who face language or literacy difficulties: **1-877-631-2657** (TTY: 1-833-719-2657)

In person: offices.service.canada.ca/en

Contact the Canadian Anti-Fraud Centre

If you believe you are a victim of fraud, [get help from the Canadian Anti-Fraud Centre](#) through their website, or by telephone at **1-888-495-8501**.



Around the Community

Joey Gregorash Off The Cuff

Public Event



My Smaller Nest

Subscribe



Sat, Mar 14 7:00 PM - 10:00 PM CST



1755 Portage Ave, Winnipeg, MB R3J 0E6, Canada

About this event:

Join Joey for an evening of his hits and favorite songs from the 60's and 70's. Special guest Nadia Douglas and musicians Richard Boughton and Brian McMillan will add their magic to a night to remember.

Click here for tickets: [Joey Gregorash Off The Cuff | 3Common](#)

Ha-Ha-Highlights

I just burned 2,000 calories. That's the last time I leave brownies in the oven while I nap. 🍪🔥

I stayed up all night wondering where the sun went. Then it dawned on me. 🌅

My math teacher called me average. How mean. 📊

I just got fired from the keyboard factory. They said I wasn't putting in enough shifts. 🖱️

I'm reading a book about teleportation. It's bound to take me places. 🌐

I told my fridge a joke. Now it's cracking up the ice. 🧊

I accidentally swallowed some food coloring. The doctor says I'm fine, but I feel like I've dyed inside. 🍷

I tried to organize my sock drawer. But things got out of pair quickly. 🧦

Why can't you hear a pterodactyl go to the bathroom? Because the P is silent. 🦖

What do you call cheese that isn't yours? Nacho cheese. 🧀

Have a great weekend!

Dana Poulton

Program Coordinator