

CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, MARCH 13TH, 2026



Spring registration is the week of April 6th with programming beginning the week of April 13th. The final spring newsletter and calendar will be emailed out next week.

SNEAK PEEK OF WHAT'S INSIDE:

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General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.

Online 50/50

Our online 50/50 deadline is quickly approaching! Buy your tickets today to support the Centre, and give yourself a shot at taking home half the pot!

LGCA 7911-RF-49516

BUY TICKETS HERE:

<https://charleswoodactiveliving.rafflenexus.com/a/eblasts>

You can also buy tickets in person at the Centre.

Program Suggestions

Fill out this questionnaire with any suggestions for upcoming programming!

<https://forms.gle/6veAP5CtkqigYPMD9>

Reception Volunteer Opportunities

We are looking for volunteers to support our Reception Team over the summer!

Likely shift options:

- Morning: 9:00 AM – 12:00 PM (opening)
- Afternoon: 1:00 PM – 4:00 PM (closing)

What this role involves:

- Helping members in person and over the phone
- Using a computer system (training provided)
- Light cash handling
- Being a welcoming first point of contact at the Centre

We'll provide training in April and May, helpful cheat sheets, and support to make sure you feel confident in the role.

Please fill out this form if you are interested:

<https://forms.gle/Yj6ezzpZoxXJaGU8>

Box Collection

One of our members is preparing for a move and is currently looking for boxes. If you happen to have any extra boxes at home, we would greatly appreciate it if you could drop them off at the Centre to help with their move.

Thank you so much for supporting one another in our community!

Join the Board!

Attention All Members

As the Charleswood Senior Centre nears the end of another fiscal year we are planning for the 2026-2027 year ahead. We have two vacancies coming up that need to be filled for the Board of Directors. The targets for new Board members is to fill the roles of Vice President and the Fundraising Chair. These two important roles contribute to the long term success of our Centre. Two year terms are required with mentorship provided. Please consider the future of the Centre and respond with your name. An interview process will follow.

Stop The Scam

Curious about the latest scams and how to avoid them? This engaging session will show you what to watch for, how to respond and where to report suspicious activity so you can stay one step ahead.

Join our fraud presentation at 1:00 on Wednesday, March 25.

Register now at no cost!

Mega Bada Bingo

Get ready for a Mega Bada Bingo afternoon full of fun, laughs, and a little friendly competition! Join us on Friday, March 27 at 12:45 PM for a lively game where the stakes are low but the excitement is high. If you've got a bingo dabber, bring it along, if not, no worries, we've got extras ready for you! To help cover the costs, a \$10 donation at the door is greatly appreciated. Register now!

Come try your luck, enjoy the atmosphere, and maybe even shout "BINGO!" before anyone else.

Tech Talk

Tech Talk is happening this week! Get your tech questions answered! Thursday, March 26 from 2:00-4:00pm.

New this session: pre-registered time slots to help reduce wait times on RecDesk.

Drop-ins are still welcome!

Men's Drop-In Coffee

On Friday, March 27th at 9:30 AM take a break and enjoy a coffee at Men's Drop-In Coffee. Meet new people, share a laugh, and enjoy a warm cup together.

No registration needed, just come by and enjoy!

Hot beverages are \$1.



CHARLESWOOD ACTIVE LIVING CENTRE

PLANT SALE

[CLICK HERE TO](#)

[PURCHASE](#)

1. Select “Fundraising”
2. Select “Fundraising Products”
3. Select the plants you want by selecting “Add to Cart”
4. View your Cart by selecting the shopping bag icon in the top right of the screen
5. Select “Go to Cart Page”
6. Scroll down and under “Step One” select “To Pickup at and Support a Fundraising Group”
7. Select “Charleswood Active Living Centre”
8. Check out and pay
9. Pick up your plants @ the Centre (357 Oakdale) on May 24 (time TBA)
10. Enjoy planting while having supported the Centre:)

**GLENLEA**
GREENHOUSES



CASINO ♣ TRIP

APRIL 14TH 2026

COST:
\$40/PERSON

Includes: transportation, \$25 player card, lunch
Departs: 9:00am from the Safeway parking lot 3900 Grant
Travel time: 1h30mins
Depart casino: 3:00pm
54 spots available, open to all. No membership required.
Registration opens: Tuesday, March 10th 9:30am 2026
(in person, online, or call 204-897-5263)
Registration deadline: Tuesday, April 7th, 2026


Sand Hills

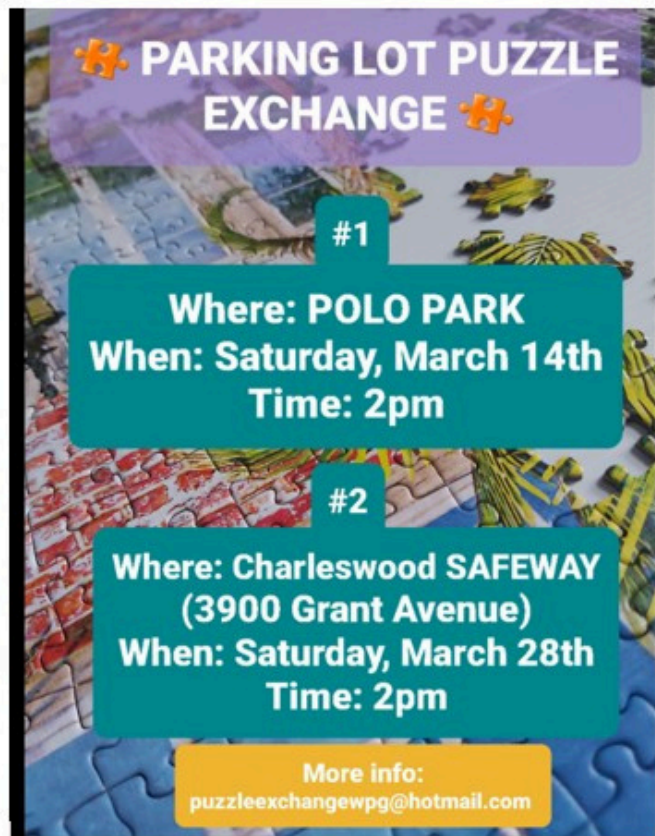


Around the Community

Sewers, Knitters and Crafters!!

Might you be interested in hearing about Operation Christmas Child and how you might use your talents and skills to make dresses, shorts, shirts etc for children around the world who are suffering from poverty and war? We also make pencil cases, tote bags, scarves, toques and jewelry items. We also collect school supplies for each shoe box.

For further information please call Barbara Shumeley @ 204-801-2566



PARKING LOT PUZZLE EXCHANGE

#1
Where: POLO PARK
When: Saturday, March 14th
Time: 2pm

#2
Where: Charleswood SAFEWAY
(3900 Grant Avenue)
When: Saturday, March 28th
Time: 2pm

More info:
puzzleexchangewpg@hotmail.com

Polo Park was successful with about 25 vehicles attending and possibly 150 puzzles exchanged or donated.
Missing piece puzzles are Donated to schools or Childrens Museum for use in crafts

Rules of the exchange:

People arrive usually by vehicle and set up is 15 minutes before trading begins at 2pm utilizing a table or out of the back of their vehicle. There are generally no puzzles for sale, just trading.

It is not set in stone that you have to trade for an equal number of pieces, ie: 500 pieces for 500 pieces.

If a puzzle is missing pieces that puzzle must be marked and the person trading with advised.

At Charleswood Safeway, vehicles will be parked along the fence near the dog park, or the first-row opposite.

Most regular attendees post their name at their vehicle and wear a name tag. Feel free to do so as well.

BURIED IN TREASURE SUPPORT GROUP

Join our 15-session group aimed at providing education, support, and realistic strategies for older adults 55+ who struggle with clutter in their homes. This group is provided at no cost to participant.



Every Thursday from
April 9th, 2026 – July 16th, 2026



1:30pm- 3:30pm



Online via Zoom

For more information or to register for
this group, please contact Intake at
204-956-6440

Ha-Ha-Highlights

It's the first day of spring, and the weather is still on freeze frame.

The sun called in and said, "I'll warm up... eventually."

The forecast said spring, but the temperature said, "Ice to meet you."

I told a tree a joke... it rooted for more.

I opened a bakery because I kneaded dough, turns out it was a rising success.

I tried to write a joke about wind... but it just blew over.

I started a band called "The Leaves"... we make tree-mendous music.

I tried to organize a party for clouds... but the plan was too overcast.

I used to be a banker... but I lost interest.

I wanted to be a chef... but I couldn't stand the heat.

I opened a music store... business is booming.

Have a great weekend!

Dana Poulton

Program Coordinator