

## CENTRE UPDATE – JUNE 14, 2024

### Reminders & Centre Info

- The last week of Centre activity for the current session is next week, June 17<sup>th</sup> to 21<sup>st</sup>
- Registration for summer fitness classes and Folklorama opens the following week. To see when the registration for the classes you are interested in opens, click [here](#) and look for the program or check out the [newsletter](#).
- July & August hours at the Centre are Tuesdays, Wednesdays and Thursdays from 9am to 3pm
- Reminder that we will not be offering the Paint Party or Bookmark Making classes that were originally scheduled to take place during the summer
- The fall newsletter and calendar of events will be available in mid-July

### Folklorama – Two-pavilion VIP tour package

#### TOUR 1

**Thursday, August 8<sup>th</sup>, 2024. Bus departs the centre at 5:45pm**

Registration opens Thursday, June 27, 2024 @9:30am

**Israel Pavilion and Irish Pavilion**

#### TOUR 2

**Wednesday, August 14, 2024. Bus departs the centre at 5:15pm**

Registration opens Wednesday, June 26, 2024 @9:30am

**Korean Pavilion and Brazilian Pavilion**

- Enjoy a progressive meal
- Receive a cultural display tour
- VIP access and entrance into pavilions
- Reserved seating close to the stage
- Folklorama volunteer tour guide will escort us throughout the evening



**COST for each tour: \$25.00 for members**

**\$50.00 for non members** (registered by a Centre member who is attending)

**CENTRE MEMBERS MAY REGISTER ONE GUEST**

No refunds. Full payment required at time of registration.

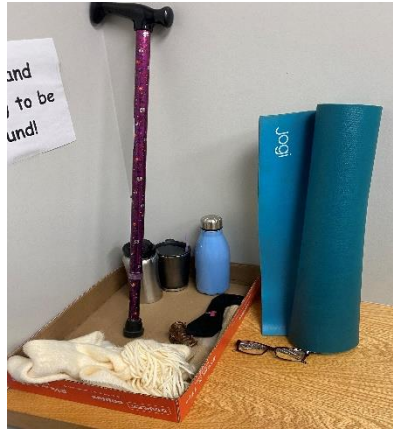
A portion of the cost covered by the Federal Government New Horizons Grant.

**AGM** – Please help us make quorum. The AGM is coming up on June 19th and we still require a few people to reach quorum. Register online or call the office at 204-897-5263.

**Keeping community together - Senior Residences of Oakdale to bring 270 rental units to Charleswood** - If you didn't see the Winnipeg Free Press interview with our Board Chair Sherry Mooney & our City Councillor Evan Duncan, click [here](#). It's well worth the read!

### **Lost & waiting to be found**

If any of these items belong to you, please take them home. Anything left after July 21<sup>st</sup> will be disposed of.



### **Business Profile Features**

This week's Business Profiles are ***The Wellington Retirement Living, Lowey Insurance Agency Inc and Mighty Meats and Deli.***

#### ***The Wellington Retirement Living***

Nestled in Winnipeg's Charleswood neighborhood adjacent to the Assiniboine Forest, *The Wellington* is the perfect place for active retirement living in a vibrant community. Feel right at home, with more services and fewer responsibilities, so you can focus on doing the things that truly bring you happiness. Treat yourself at the beauty salon or find a sunny spot on the patio. Challenge some friends to a board game or relax with a book in our library and lounge. The options are endless, and yours to explore at *The Wellington*.

Embrace retirement living on your own terms with vitality, passion and experience the next chapter with vibrant energy and unwavering optimism. Make today the beginning of a new adventure where comfort and support seamlessly blends with a vibrant sense of community and purpose. Welcome to [The Wellington](#).

#### ***Lowey Insurance Agency Inc.***

"At *Lowey Insurance*, our mission is to earn the loyalty of Customers by providing educated Insurance solutions and personalized service to each and every client.

Supporting our mission is a vision that Lowey Insurance is a part of the Community. This is reflected in our knowledge of our Customers — greeting them by name when they walk through the door — and responding to their needs by resourcing and delivering the best Insurance products."

Click [here](#) to link to the ***Lowey Insurance Website***.

## ***Mighty Meats and Deli***

“*Mighty Meats and Deli* is a dedicated family-run shop located in Charleswood. We offer a wide variety of locally sourced meats and artisan products from all across Manitoba. We carry AAA quality Certified Angus Beef and Locally sources pork and chicken. All in-store made products are naturally made and allergy friendly.

We are lactose free, gluten free, and diabetic friendly environment. We strive to provide service and products that are superb.”

Click [here](#) to link to the Mighty Meats and Deli Website.

## **Some Goings-on in the Community**

Music, movies, fun, and wellness take centre stage at Assiniboine Park's Summer Entertainment Series!

All events and performances are open to the public and FREE thanks to generous sponsorship and donor support.



The Summer Entertainment Series features musical performances at the Lyric Theatre, the outdoor Performance Garden at The Leaf, Jazz in the Leo Mol Sculpture Garden, Movies in the Park, wellness classes, and entertainment for kids! PLUS - special events will take place to recognize Indigenous Peoples Day and Canada Day!

Click on the link for more information and a schedule of events.

<https://www.assiniboinepark.ca/events/summer-entertainment-series>

## **Downtown Sounds Concert Series**

**Experience downtown's heartbeat with Downtown Sounds Free Concert Series!**

Downtown Sounds Concert Series is a free lunch hour concert series that features local artists performing at various downtown locations all summer long. Coming in with diverse artistic forms and genres, performers will be turning downtown's bustling spaces into lively stages. From salsa and Latin jazz to circus acts and fiddle music, and everything in between.

While you're there, indulge in delectable culinary selections from surrounding downtown businesses.

The schedule of concerts can be found at [2024 Schedule](#).

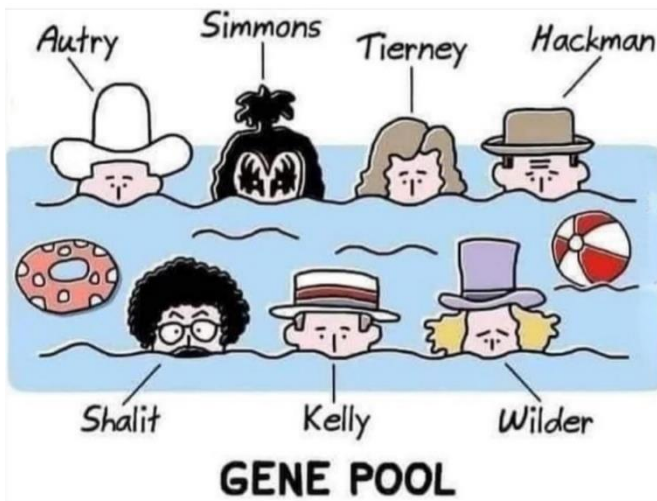
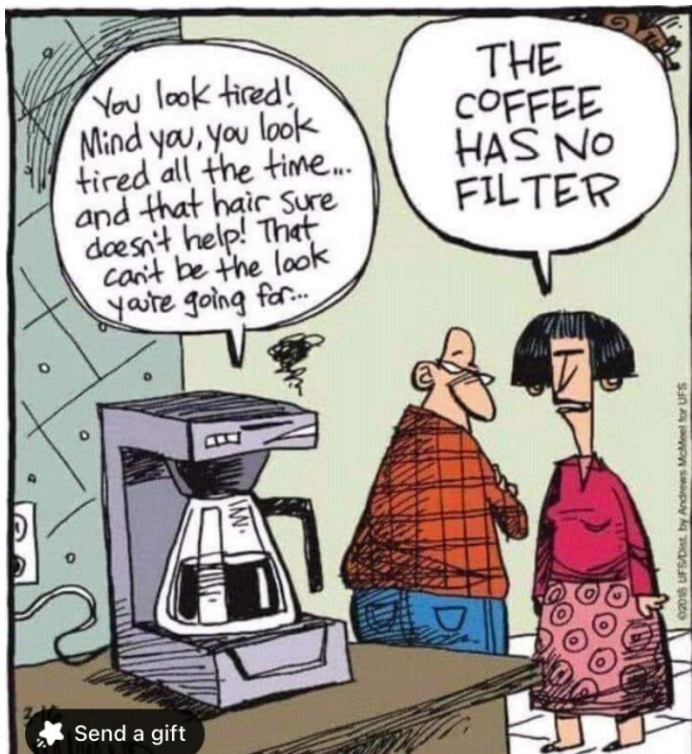
**Evan Duncan**  
**City Councillor**  
**Charleswood -Tuxedo -Westwood**



Join City Councillor Evan Duncan for a vibrant celebration of community spirit on June 15th, 2024. This is a FREE all-day festival filled with live music, food, games, and activities for all ages. Celebrate the BLOCK PARTY 150 years in the making with friends, family, and neighbours. More details at <https://www.evanduncan.ca/about-1-1>

**A few funnies for your enjoyment**

- If I am ever on life support unplug me and plug me back in and see if that works.
- Do you ever wake up in the morning and look in the mirror and think, "That can't be accurate!"
- I see people out there zip lining and mountain climbing and here I am feeling good about myself because I got my leg through my underwear without losing my balance.
- Three thousand and twenty-six years from now, life will either be really good or really bad. It's 5050.
- In Ancient Rome there were four types of poisons. Poisons I, II and III would all kill you, but Poison IV would make you really itchy.
- Just learned that a dentist who rents a space on the main floor of our building got arrested for selling drugs. Shows how wrong you can be about people. I've been going to him for years. Never knew he was a dentist.
- I once had a hen who could count her own eggs, She was a mathemachicken
- I got a universal remote. It really changes everything
- I almost had a psychic girlfriend, but she left me before we met.
- I went to a general store. They wouldn't let me buy anything specific.
- If you think Thursdays are depressing, wait 2 days. It'll be a Sadder Day!



Have a wonderful weekend.  
 Jakee Werbuk  
 Program Manager