



CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, JUNE 5TH, 2026



SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
- *Fundraising BBQ Volunteers*
- *Deception Drive Tech Talk*
- *AGM*
- *Summer BBQ*
- *Linden Point Bus Tour*
- *Around the Community*
- *Ha-Ha-Highlights*

General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.

Fundraising BBQ Volunteers

BBQ Volunteer: We Need Your Help!

We are looking for volunteers to help support our upcoming Fundraising BBQ on Wednesday, June 17. Please see the roles and times below:

June 16

3:00pm 4 people patio set up

June 17

9:30am Food Prep: Tasks include cutting buns, preparing condiments, setting out drinks, chips, cookies, and other items

11:30am 1 person BBQ crew

11:30am 4 people set-up post AGM

Servers: 4 volunteers required

Cashier: 1 volunteer required

Clean-Up Crew: 6 volunteers required

Thank you in advance for your support, we couldn't run this event without our amazing volunteers! Email programs@charleswoods seniorcentre.org if you can help!

Deception Drive

Deception Drive brings audiences an engaging blend of bluegrass, folk, country, gospel, and acoustic rock. From upbeat, foot-tapping tunes to tender ballads, their performances offer something for everyone. Their signature three-part harmonies add depth and warmth to every song.

Wednesday, June 10 2:00pm

Cost: \$5

Register now!

Tech Talk

Tech Talk is happening this week! Get your tech questions answered!

Thursday, June 11 from 1:00-3:00pm.

New this session: pre-registered time slots to help reduce wait times on RecDesk.

Drop-ins are still welcome!

AGM

Our Annual General Meeting (AGM) is just around the corner, and you're invited to be part of the conversation!

Date: June 17th

Time: 10:30 AM

It's a great opportunity to learn more about how the Centre operates, celebrate what we've accomplished together, and look ahead to what's next. Reserve your spot to be part of the discussion. All registered attendees will receive a copy of the AGM distribution package.

We are still short of quorum so please consider registering and attending to help make this event possible.

Charleswood Active Living Centre
Summer Fundraising

★ *Patio* ★

BBQ



Hot Dog, Drink, Chips, Cookies

After our Annual General Meeting stay or come for our Summer Fundraising BBQ! Enjoy delicious food, great conversation, and help support the Centre while connecting with friends and community members.

**WED JUNE 17
12:00pm
2026
\$10**

OPEN TO EVERYONE!
REGISTER NOW! (204-897-5263, OR ONLINE)
MUST PREPAY, ALL SALES FINAL





LINDEN POINTE

A BRIGHTWATER COMMUNITY

JOIN US FOR A GUIDED TOUR AND DISCOVER LINDEN POINTE!

Assisted Living, Designed With You in Mind

COMPLIMENTARY LUNCH INCLUDED

Enjoy a fresh, chef-prepared meal during your visit.
All allergies and dietary needs can be accommodated.

Wednesday, June 10th

Bus Departure from Charleswood Active Living Centre: 12:30 PM

Lunch at 1:00 PM

Guided tour of the community

Opportunity to explore amenities and ask questions

Return by 3:30 PM

16 Spots Available!

No cost to attend.

Around the Community





IT'S FUN TIME AGAIN!

Featuring

- PUZZLES
- OTHER BRAIN TEASERS
- DANCING EXERCISE

DATE
Saturday June 20, 2026

TIME
5pm

VENUE
Fort Garry Community Centre
880 Oakenwald Avenue

 Winnipeg Regional Health Authority

Funded in part by the Government of Canada's New Horizons for Seniors Program 



WORLD ELDER ABUSE AWARENESS DAY

June 15, 2026

#BeBold
#AgeWithAttitude
#WEAAD2026



Elder Abuse
Prevention
Ontario

Be Bold : Age with Attitude

Around the Community

Neighbours of Charleswood Magazine

neighbours of

JUNE 2026

CHARLESWOOD

rooted in our community

*Step Inside the Liveliest Spot
in Charleswood*

meet the charleswood active living centre

POWERED BY
BVM
BEST VERSION MEDIA

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Ha-Ha-Highlights

What kind of tea is hard to swallow? Reali-tea 😄☕

What is a cloud's least favorite exercise? Yoga. It struggles to feel grounded. ☁️🧘😄

What questions should you never ask while winter skating? Icebreakers. 🛷🧊😄

I wondered why the baseball was getting bigger. Then it hit me. ⚾️😵😄

Why did the robber jump in the shower? He wanted to make a clean getaway. 🚿🏃😄

What classic bar game do swimmers always win? Pool. 🏊🎱😄

Why are horses so sleepy? They're always hitting the hay. 🐎🌾😴

What did one hat say to the other? You wait here. I'll go on a head. 🎩😄👒

Why are trees so unreliable? They're shady. 🌳😄😄

What's the best time to go to the dentist? Tooth-hurty! 🦷🕒😄

Have a great weekend!

Dana Poulton

Program Coordinator