



CENTRE UPDATE – December 13, 2024

Reminders & Centre Info

Thank you!

Thank you to everyone that supported and helped with the Bake Sale and Wine Raffle. Whether you donated wine & baking, sold raffle tickets, bought tickets, volunteered at the bake sale, bought baking, decorated or helped in some other way, we are so grateful for your contributions in making both these events such a success.

The Wine Raffle raised: \$1,831.43
The Bake Sale raised: \$859.82

Thank you to the fundraising committee who plan and execute events and activities that support the Centre in its efforts to remain affordable and accessible for all.

Wine Raffle winners:

1st place 10 bottles

- Kathy Friesen & Alice Studney

2nd place 8 bottles

- Kim Paquette & Cathy Dobson

3rd place 6 bottles

- Judy Penner & Jill Sexsmith



The calm before the storm!

Winter 2025 programming:

The winter session newsletter came out last week. For those of you that did not see it, click [here](#) to see what's on offer. If the link does not open, go to our [website](#) and click on "Get the Newsletter".

Winter 2025 Newsletter Updates & Corrections:

Fitness Classes update:

The following fitness classes that were originally cancelled on Tuesday, February 18th due to the Centre's 25th Anniversary Celebration are now back on. The classes are 12 weeks (not 11 as indicated in newsletter) for a cost of \$87.

- Sit & Fit 12:00pm
- Gentle Yoga 1:15pm
- Yin Yoga 2:30pm

25th Anniversary Celebrations update:

The Anniversary celebrations that were scheduled for February 18, 2025 will now be held on February 23, 2025. More details to come.

Music & Muffins update:

The Matchstalk Men will be performing at the Centre on January 31, 2025 at 1:00pm. The newsletter mistakenly had the Woodhaven's Menshed Band listed. Imagine how surprised they were!

A mix of instrumental and vocal songs that include covers of tunes from the '50s, '60s, and '70s as well as original compositions. The band consists of Al Mapes (accordion and vocals), Art Martin (guitar and vocals), and David McLeod (bass and wind instruments).

Move Reminders:

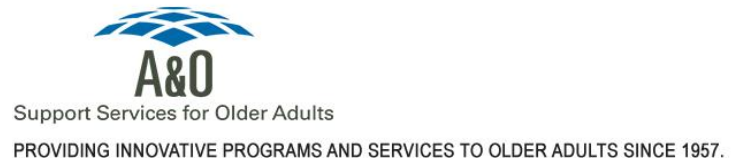
- Our new address is 357 Oakdale Drive
- There will be no phone or email access after today, December 13th at 3:00pm. As our phones and computers are being disconnected and reconnected, we cannot guarantee a date that voice messages can be left for us or emails will be answered until all systems are operational. We will send out an email to all members when we are fully back online.
- Our space and adjacent buildings will remain active job sites for our builders and we want them to do their work unimpeded so we are fully ready to reopen with our programs on January 13th.
- When we re-open January 2nd, phone, email and online access will be the only way to interact with the Centre and there will be no in-person access until January 13, 2025

Volunteers Required:

We require a handful of strong bodies to help out on December 19th from about 8:00am to 11:00am at the new location, 357 Oakdale Drive. You will be lifting heavy boxes off pallets and taking them inside. If you need more info or can help out, please email Dan at chartxsv@shaw.ca.

Resources you may find helpful

Senior Centre Without Walls through A & O: Support Services for Older Adults offers free educational and recreational programs over the phone. There is no cost to register. Registered participants will be called 10 minutes before programming begins. Participants will also be given a toll-free number to access programs on their own if needed (no pins or access codes required).



Click [here](#) for the program guide and registration information.

Download the Preventing Falls booklet provided by Lifeline. [Click Here for the Preventing Falls Booklet](#) or click on the picture to open the link.



Some Goings-on in the Community



End Date: January 4, 2025

Price: General Tickets: \$20 +GST (plus service fee, where applicable)

Address: The Loop at Red River Exhibition Park, 3977 Portage Avenue

Visit the [Website](https://www.redriverex.com/events/canad-inns-winter-wonderland/) for more details <https://www.redriverex.com/events/canad-inns-winter-wonderland/>.



Zoo Lights

Explore the dazzling light displays, take part in the holiday fun, and enjoy the exciting activities and delightful treats.

Takes place until January 5 in the evening after the Zoo closes.

- Times: 5:00 pm - 10:00 pm (final entry 8:00 - 8:30 pm)
- Adults-Only Night: Friday, January 3
BUY TICKETS NOW!

Ticket troubles? Contact us at (204) 927-6098 or info@assiniboinepark.ca

For more information go to <https://www.assiniboinepark.ca/events/zoolights>



**FOREVER YOUNG CLUB
PRESENTS**

"FESTIVE FROLIC DANCE"



December 28, 2024

7:30 p.m. - 12:30 a.m.

ANAVETS #283 Hall 3584 Portage Ave.

Featuring "Geoff Ericson & Rockets" / DJ's Ray & Sheila Wheeler



ADVANCED TICKET SALES ONLY

MEMBERS \$25 NON-MEMBERS \$30

CALL (204) 261-4442 TO PURCHASE

OR E-TRANSFER TO fycwpg@gmail.com

Rock & Roll Music 50's/60's/70's

Spot Dances – Door Prizes – 50/50 Draw

Light Lunch Served

A few funnies for your enjoyment:

- If the USA is so great, then why did someone make a USB?
- What do you call bears with no ears? B.
- What do you call a train carrying bubblegum? A chew-chew train.
- What did the green grape say to the purple grape? OMG!!!!!! Breathe! Breatheee!!!!
- Hear about the new restaurant called Karma? There's no menu: You get what you deserve
- Why don't Calculus majors throw house parties? Because you should never drink and derive.
- I tried to write with my foot so that I could make a foot note.
- I tried to tie my shoes with my mouth and got tongue tied.
- It's been months since I bought the book, How To Scam People Online. It hasn't arrived yet.
- My wife and I decided to never go to bed angry. We've been awake since Tuesday.
- I met my wife at a single's night. I was surprised because I thought she was home with the kids.

This is the final weekly update of 2024. Updates will resume on Friday, January 3, 2025. On behalf of the Centre staff, we wish you all a most joyous holiday season and the happiest of new years. We look forward to seeing you in January at our new location, 357 Oakdale Drive.

Jakee Werbuk
Program Manager

**If you notice cows
sleeping in a field,
does that mean it's
pasture bedtime?**

I hate it when people ask me if I did
anything exciting over the
weekend...

Like I'm over here skydiving. I'm
old. I went to Walmart, did some
laundry, ate too much food, and
took a nap.

if you ever get an
email about pork,
ham, salt, and
preservatives,
don't open it.
it's spam