CHARLESWOOD ACTIVE LIVING CENTRE

CENTRE UPDATE

FRIDAY, NOVEMBER 27TH, 2026



SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
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General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone, we have adjusted the concentration of the cleaning spray to align with this!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.
- When visiting the Centre please use our designated parking spots marked "Charleswood Active Living Centre".
- Winter Programming will be out early next week, keep your eyes peeled!

Annual Appeal

Please find here our 2026 Annual Appeal Letter from the Board of Directors. The letter outlines our fundraising goals and how your continued support helps us sustain and increase the programs and services offered at the Centre.
We appreciate your consideration and ongoing commitment to our community.

Holiay Hamper

This holiday season, Charleswood Active Living Centre will be supporting a family in need through the Charleswood Cheer Hamper initiative. We are collecting donations to help make the holidays a little brighter, with the goal of providing a gift for each family member and everything needed for a special holiday meal.
Our adopted family includes two adults and eight children, and they have shared the following wish list:
New microwave
Warm, plush blankets
Walmart gift cards
Laundry detergent
Any contribution, big or small, is greatly appreciated and will help make the holiday season a little more special for this family. Donations will be collected at the Centre. Thank you for helping us spread some Christmas cheer!
Meet the kids:
Age 15, female, Clothing Preferences: Women's large clothing. Size 8 in shoes. Interests: Skincare, candles, make up, anything with beauty
Age 13, female, Clothing Preferences: Women's large clothing. Size 9 in shoes. Interests: Skincare, perfume, make up, anything with beauty
Age 10, male, Clothing Preferences: Men's medium, size 8 in shoes. Interests: Drone, head set, controller for PC.
Age 9, male, Interests: Bike, Pokémon cards, gift card for Walmart
Age 8, male, Interests: Boxing gloves, crafting supplies, Pokémon cards, skateboard.
Age 5, male, Interests: Cars, trucks, tractors.
Age 3, male, Interests: Action figures, Lego, pennywise.
Age 1, female, Interests: Barbie, little tike doll house, books.
Adult Man: Gift card to Canadian Tire for Lloyd or Princess Auto. Size XXL in clothing, loves tools and is always outside working on the cars, does not own any power tools but wishes.
Adult Female: towels, dish towels, face towels, sturdy bookshelf, perfume, skincare, lotion, candles.

High Tea

High Tea will be held on December 16th 1:30-3:30 tickets are $40 and are on sale now.

Treat yourself to a delightful afternoon of good company, delicious refreshments and a little elegance! Join us at the centre for a lovely High Tea experience, featuring a selection of tasty sandwiches and refreshing beverages.

Gather your friends, enjoy some conversation and make an afternoon of it. We look forward to seeing you there! There will be a 50/50 at the event and a fascinator contest!

Holiday Lunch

Our Holiday Lunch will be held on December 14th at 11:30 spots are $30 and are on sale now!

Celebrate the season with a delicious lunch out at Taverna Rodos! Enjoy a tasty meal featuring juicy chicken skewers served alongside flavourful lemon potatoes. A vegetarian option will also be available.

Bring a friend, enjoy some great food and good company, and share in a festive afternoon together. We look forward to celebrating with you!

Wine Bottle Donations

We are looking for donations of wine bottles to help make our upcoming wine raffle a success! Whether it's a bottle of red, white, or something sparkling, every donation is appreciated (no homemade wine). If you have a bottle you'd like to contribute, please drop it off at the Centre before December 9th. Thank you for helping support our fundraising efforts! Wine raffle tickets are also on sale at the Centre, cash or check only.

Large Christmas Ball Donation

We are looking to borrow large decorative balls for our upcoming Holiday High Tea! If you have any that you would be willing to lend to the Centre for the event, please drop them off early next week. Your help is greatly appreciated!

Around the Community

Senior Centre Without Walls

Weekly Activities | November 30 - December 4

Manitobans 55+ are welcome!

Join us for free, phone-based programs that help you stay connected, engaged, and supported - all from the comfort of home.

This Week's Schedule

Monday November 30

Brain Teasers 10:00 AM

Afternoon Book 1:30 PM

Tuesday December 1

Poetry 10:00 AM

Bingo 1:30 PM

Wednesday December 2

Up on the Roof 1:30 PM

Thursday December 3

Short Stories 10:00 AM

Biography: Sir William Stephenson 1:30 PM

Friday December 4

Game Show Mania 10:00 AM

Talent Show 1:30 PM

☎ How to Register

Call: 204-956-6440

Email: info@aosupportservices.ca

Know someone who could benefit? Please like, share or tag them!



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Bronze Sponsors

The Seniors Moving Company

Ha Ha Highlights

Why can't leopards play hide-and-seek? Because they're always spotted. 🐆

How do you measure a snake? In inches, because they don't have feet. 🐍

What did the tie say to the hat? You go on ahead; I'll hang around. 👔

Why did the employee go to work on stilts? He wanted a raise. 💰

What do you call a bear with no teeth? A gummy bear. 🧸

What do you call fake spaghetti? An impasta. 🍝

What do you call cheese that isn't yours? Nacho cheese. 🧀

What did one wall say to the other wall? I'll meet you at the corner. 🧱

Why are elevator jokes so good? They work on so many levels. 🛗

What do you call a sleeping bull? A bulldozer. 🐂

Why did the cookie go to the doctor? Because it was feeling crummy. 🍪

Have a great weekend!
Dana Poulton
Program Coordinator