



CHARLESWOOD ACTIVE LIVING CENTRE

# CENTRE UPDATE

FRIDAY, JUNE 12<sup>TH</sup>, 2026

# SUMMER NEWSLETTER OUT NOW

## SNEAK PEEK OF WHAT'S INSIDE:

- *General Reminders*
- *AGM*
- *Food + Flicks*
- *MB 55+ Games*
- *Summer BBQ*
- *Around the Community*
- *Ha-Ha-Highlights*

## General Reminders

- We're a scent-free facility, thank you for keeping it comfortable for everyone!
- Please wear indoor shoes only to help keep our space clean and safe.
- Feeling under the weather? Help protect others by staying home and resting.

## AGM

Our Annual General Meeting (AGM) is next week and we need you to be part of the conversation! We are still short of hitting quorum for the meeting and would appreciate any members signing up and coming to help this meeting run smoothly.

Date: June 17<sup>th</sup>

Time: 10:30 AM

It's a great opportunity to learn more about how the Centre operates, celebrate what we've accomplished together, and look ahead to what's next.

## Food + Flicks

Friday, June 19 join us for a movie and snacks!

Mr. & Mrs. Smith (2005)

John and Jane Smith, a couple in a stagnating marriage, live a deceptively mundane existence. However, each has been hiding a secret from the other: they are assassins working for adversarial agencies. When they are both assigned to kill the same target, Benjamin Danz, the truth comes to the surface.

Brad Pitt, Angelina Jolie

Pizza, chips, and pop provided.

## MB 55+ Games



A huge congratulations to Len and Lorraine for bringing home the GOLD at the MB 55+ Games in Bocce Ball! They're regulars at the Centre every Friday, and they clearly put all that practice to work with an outstanding performance. What a fantastic win and a proud moment for our community, way to go! Congrats to everyone else who participated!

Charleswood Active Living Centre

Summer Fundraising

★ *Patio* ★

**BBQ**



Hot Dog,  
Drink,  
Chips,  
Cookies

After our Annual General Meeting stay or come for our Summer Fundraising BBQ! Enjoy delicious food, great conversation, and help support the Centre while connecting with friends and community members.

WED JUNE 17  
12:00pm  
2026  
\$10



**OPEN TO EVERYONE!**  
**REGISTER NOW! (204-897-5263, OR ONLINE)**  
**MUST PREPAY, ALL SALES FINAL**

# Around the Community

## Support Services to Seniors

JUNE 15th

WORLD ELDER ABUSE AWARENESS DAY



The Winnipeg Regional Health Authority (WRHA) – Support Services to Seniors (SSS) invites WRHA staff, volunteers, community-based senior serving organizations and community members to recognize **WORLD ELDER ABUSE AWARENESS DAY (WEAAD)** the week of June 15<sup>th</sup> by **wearing purple**.

Purple with a Purpose!

Show your support by wearing purple and encouraging your coworkers to join. Take a team photo, decorate your workspace, or challenge another department to show your purple spirit.

Visit the WEAAD website at <https://peam.ca/5/world-elder-abuse-%20awareness-day> for more information.

If you are having an event, please register at <https://peam.ca/register-event.asp>.



## WORLD ELDER ABUSE AWARENESS DAY

### June 15, 2026

#BeBold  
#AgeWithAttitude  
#WEAAD2026



**Be Bold : Age with Attitude**

# Ha-Ha-Highlights

This camping trip is going to be in-tents! 🏕️😊

We're shell-abrating our beach day. 🐚🌊

Nothing beats a summer day at the lake—it's a reel good time. 🎣😊

In summer, anything is popsicle. 🍦☀️

You shouldn't gossip at a barbecue because the corn is all ears. 🌽😂

I love sand castles; I mean, I really dig them. 🏖️🪸

The sun must be so smart. It has a million degrees. ☀️😎

I burned my dinner on the grill. It was a mis-steak. 🍖🔥😂

What does the crowd do at summer baseball games?

The heat wave! 🌡️🔥

When does red mean "go" and green mean "stop"?

When you're eating a watermelon. 🍉😊

Have a great weekend!

Dana Poulton

Program Coordinator