

## Program Registration Form

**Note: registration is on a First Come Basis**

CHECK THE NEWSLETTER/WEBSITE FOR DETAILED INFORMATION ON THE CLASSES (RE: DATE AND TIMES)

✓ Please check off your class(es)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ ( ) Member ( ) Non-Member \_\_\_\_\_

Any Recent Changes in Address or Phone Number? ( ) Yes ( ) No

<b>Fitness Programs</b>	<b>Day(s)</b>	<b>Members</b>	<b>Non-Members</b>	<b>Total</b>
<b>Muscle Motivation</b>	Mondays	\$65.00	\$80.00	
<b>Muscle Motivation</b>	Wednesdays	\$65.00	\$80.00	
<b>Yoga</b>	Mondays	\$65.00	\$80.00	
<b>Pilates</b>	Tuesdays	\$65.00	\$80.00	
<b>Tai Chi</b>	Wednesdays	\$65.00	\$80.00	
<b>Sit &amp; Fit Pilates</b>	Thursdays	\$65.00	\$80.00	

**Co-ed Circuit Training** Fridays \$65.00 \$80.00 (12-weeks)

**Zumba Gold** Tuesdays \$65.00 \$80.00

**Zumba Toning** Wednesdays \$65.00 \$80.00

**Square Dancing** Wednesdays \$10.00

**Hall Walking** Daily \$2.50 (1/2year)

**Guided Meditation** Thursdays \$45.00 \$60.00 (8-weeks)

**Guided Meditation Demo:** Thursday, January 13 No Charge

Total Amount \_\_\_\_\_

Amount Paid \_\_\_\_\_ Cash \_\_\_\_\_ In Person \_\_\_\_\_ Date Paid \_\_\_\_\_

Cheques should be made out to: Charleswood Senior Centre Inc., Municipal Building, 5006 Roblin Blvd., Winnipeg MB R3R 0G7

Grand Total: \_\_\_\_\_

## **PROGRAMS & SPECIAL EVENTS REGISTRATION**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_ Member ( ) Non-Mem ( )

✓ Please check off the program (s)/special event(s)

<b>PROGRAM/EVENT</b>	<b>DAYS</b>	<b>MEMBERS</b>	<b>NON - MEMBERS</b>	<b>TOTAL</b>
<b>Book Club</b>	3rd Thursday	\$2.50 (1/2 Year)		
<b>Lunch of the Month</b>	(2nd Tuesday of the month)		Responsible for own lunch	
<b>Bagged Lunch &amp; Learn</b>		\$2.00 each		

### **Cultural Arts Series:**

- Royal Winnipeg Ballet - Jan. 21 - \$5.00
- Manitoba Theatre Company - Feb.17 - \$5.00
- The Winnipeg Symphony Orchestra - March 4 - watch for tickets
- Arts at the Centre - April 15

### **Communi - Tea:**

- East Indian - Jan. 18 - \$5.00
- British - TBA (Please check if you would like to be phoned)
- Japanese - TBA (Please check if you would like to be phoned)

### **Cooking Workshops:**

- Hearty Soup - Tuesday - January 25 - \$10.00
- Greek Dinner - Tuesday - February 8 - \$10.00
- Thai Food - Tuesday - February 22 - \$10.00

**Tea Cup/Leaf Reading** (Friday, Feb.4) \$10.00

**Oil Painting** Tuesdays \$65.00 \$75.00

**Wood Carving** (Members Only)\$2.00 (Purchase your own materials)

**White Elephant Gift Exchange** (Mon., Jan. 10) Bring a Wrapped Gift

**Nintendo Wii** 1 Friday \$2.50 (1/2Year)

**Intermediate Bridge** Wednesdays \$7.50 (1/2 Year)

**Bridge** Thursdays \$7.50 (1/2Year)

**Texas Hold'em** 1 Thursday \$2.50 (1/2Year)

**Rummoli** 1 Thursday \$2.50 (1/2Year)

**Cribbage** Tuesdays \$7.50 (1/2Year)

**Fun Bingo** 1 Monday \$2.50 (1/2Year)

**Carpet Bowling**      Mondays      \$2.50 (1/2Year)  
**Bocce**                      Fridays (Feb.) \$2.50 (1/2 Year)  
**Karoke Afternoon**      Monday, January 24 \$2.00  
**Police Academy**      Wednesdays (6-weeks) \$10.00  
**Homey Herbs**              (Friday, January 14) \$5.00  
**Ladies in Stitches**      2nd & 4th Thursday @ Gloria Dei  
**Men's Breakfast**      (Stella's, Thurs. Jan.13)      Responsible for own Breakfast

**Amount Paid** \_\_\_\_\_ **Cash** \_\_\_\_\_ **In Person** \_\_\_\_\_ **Date Paid** \_\_\_\_\_

**Cheques should be made out to: Charleswood Senior Centre Inc. Total** \_\_\_\_\_